

Pos	Num	Nome	Equipa	Sx	Pos Cat	Tempo
1	116	FILIPPE ROCHA	Escola de Atletismo de Coimbra - JPaiva	M	1	00:39:14
2	38	JOÃO CARLOS DAS NEVES ALVES	Associação Académica de Coimbra	M	2	00:41:13
3	90	CARLOS PATRÃO	Academia de Desportos de Condeixa	M	3	00:41:32

Tempo aos 7km

Pos	Num	Nome	Equipa	Sx	Pos Cat	Tempo
4	59	CARLA MANAIA	Academia de Desportos de Condeixa	F	1	00:30:10
5	42	MOHAMMAD NABEEL JAFRI	Malir Cantt Runners	M	4	00:30:29
6	166	VALTER SIMÕES	Academia de Desportos de Condeixa	M	5	00:30:30
7	67	BERNARDO TELES FAZENDEIRO		M	6	00:30:31
8	30	TIAGO RODRIGUES		M	7	00:30:35
9	133	PAULO VIEIRA	Individual	M	8	00:30:48
10	168	DIOGO		M	9	00:30:52
11	140	PEDRO	RunAway Club	M	10	00:30:56
12	77	JOÃO NARCISO		M	11	00:30:59
13	125	MATHEUS BARROS		M	12	00:31:08
14	153	BRUNO SOUSA		M	13	00:31:10
15	172	PEDRO GERARDO	Associação Académica de Coimbra	M	14	00:31:14
16	170	JOSÉ SIMÕES	Associação Académica de Coimbra	M	15	00:31:15
17	132	MATIAS RECALDE		M	16	00:31:21
18	72	MATTEO TROTTI	Athletic Club Kamartelo	M	17	00:31:25
19	54	IVO MARQUES		M	18	00:32:00
20	148	BELMIRO DUARTE COSTA OLIVEIRA		M	19	00:32:01
21	34	ALEXANDRE BOGALHO		M	20	00:32:03
22	164	DUARTE PIRES		M	21	00:32:11
23	184	MARTIM RODRIGUES	NECDEF	M	22	00:32:11
24	93	STEVE CATARINO	Gunbladering Moogle	M	23	00:32:38
25	64	FÁBIO PIMENTEL		M	24	00:32:46
26	100	DIANA RODRIGUES		F	2	00:32:55
27	165	DANIEL JOSÉ PÉ-LEVE LOUREIRO		M	25	00:33:06
28	91	MIGUEL NUNES	CDCF ASA Sabugal	M	26	00:33:23
29	192	NÉLIO RODRIGUES		M	27	00:33:32
30	55	JOÃO PACAU		M	28	00:33:34
31	61	VASCO FREITAS	KRUSH IT	M	29	00:33:42
32	112	RICARDO CARDOSO		M	30	00:33:53
33	102	JONAH SCHAAPHOK		M	31	00:33:58
34	65	MARTIM RODRIGUES FERRÃO		M	32	00:34:00
35	158	GUILHERME NOGUEIRA		M	33	00:34:03
36	15	NUNO AFONSO	AAC Triatlo	M	34	00:34:05
37	56	LUÍS PINTO		M	35	00:34:08
38	79	SANDRA COSTA	RM Runners By Mira a Mexer	F	3	00:34:41
39	66	FARHAT KULMATOV	Dogville	M	36	00:34:53
40	20	LUCAS CARREIRO		M	37	00:34:58
41	52	PEDRO ROQUE		M	38	00:35:02
42	70	TOMÁS TOMÁS		M	39	00:35:10
43	183	FRANCISCO JOSÉ CASACA	Osteofit	M	40	00:35:13
44	177	NATANAEL PEREIRA		M	41	00:35:28
45	89	IVO GABUD		M	42	00:35:28
46	5	ÉLIO RODRIGUES	Os Canunas	M	43	00:35:32
47	60	DAVID FERNANDES		M	44	00:35:59
48	51	RICARDO LOUREIRO		M	45	00:36:03
49	120	YOHAN		M	46	00:36:04
50	80	MICKAEL PEREIRA		M	47	00:36:06
51	143	EMANUEL TAHIRI	BIBOOO PORTO	M	48	00:36:07
52	167	RÚBEN COSTA	Runaway_Coimbra	M	49	00:36:19
53	117	PATRÍCIA RIBEIRO		F	4	00:36:21

Pos	Num	Nome	Equipa	Sx	Pos Cat	Tempo
54	179	AMANDA GUAPO	Reis Guapos	F	5	00:36:29
55	180	RICARDO REIS	Reis Guapos	M	50	00:36:29
56	103	FÁBIO EMANUEL		M	51	00:36:43
57	101	JORGE PEREIRA		M	52	00:36:44
58	92	RODRIGO DINIS		M	53	00:36:48
59	57	PEDRO PINTO		M	54	00:36:53
60	45	VICTOR F. PEREIRA	RunAway Club	M	55	00:37:02
61	33	AURORA PEREIRA		F	6	00:37:03
62	163	GUSTAVO MEDINA		M	56	00:37:08
63	162	ANA PÍRIZ TERCERO		F	7	00:37:09
64	13	NORTON DA SILVA JUNIOR	RunAway Club	M	57	00:37:15
65	78	RODRIGO GOMES		M	58	00:37:31
66	23	CARLOS SIMÕES		M	59	00:37:39
67	46	DIANA BATISTA	Academia de Desportos de Condeixa	F	8	00:37:49
68	142	DIOGO PEREIRA RODRIGUES		M	60	00:38:25
69	98	DANIEL LIMA		M	61	00:38:26
70	147	TIN VRLIKA		M	62	00:38:47
71	124	LURDES ROVISCO	Geladólicos anónimos	F	9	00:38:49
72	6	DANIELA JARDIM PEREIRA	Os Canunas	F	10	00:38:56
73	127	TELMO LOPES		M	63	00:39:09
74	126	MIGUEL CARVALHO		M	64	00:39:09
75	182	AMADEA BUCI		F	11	00:39:10
76	174	NUNO TIAGO		M	65	00:39:20
77	109	MÁRIO FONSECA		M	66	00:39:24
78	86	NUNO COSTA	Runners&Friends	M	67	00:39:35
79	84	AUGUSTO AMARAL	Runners&Friends	M	68	00:39:36
80	146	LOVRO HALER		M	69	00:39:46
81	123	CARLOS PAIS	Geladólicos anónimos	M	70	00:39:49
82	137	NICOLAS		M	71	00:40:13
83	105	MARIANA SILVA		F	12	00:40:18
84	4	ANDREA CANELAS	100 Ritmo	F	13	00:40:27
85	24	SUSANA LOBO	100 Ritmo	F	14	00:40:27
86	181	LUCÍA GALINDO AUTILLO		F	15	00:40:30
87	110	JOÃO MARTINS		M	72	00:40:33
88	39	ANTONIO GAMEIRO LOPES	RunAway Club	M	73	00:40:34
89	82	LUIS PIRES	Runners&Friends	M	74	00:40:44
90	175	SARA MELKI		F	16	00:40:44
91	122	VILLACRES DORIANE		F	17	00:40:44
92	83	PAULO TORRES	Runners&Friends	M	75	00:40:45
93	81	SANDRA PONTE	Academia de Desportos de Condeixa	F	18	00:41:06
94	17	MARIA JOÃO CAMPOS	Academia de Desportos de Condeixa	F	19	00:41:09
95	121	ZOÉ DUCOIN		F	20	00:41:14
96	27	CLAUDIA CENICANTE		F	21	00:41:15
97	145	CHIARA SPEAR	BIBOOO PORTO	F	22	00:41:24
98	190	LUNA GIRALT		F	23	00:41:24
99	173	MADALENA AZARUJA		F	24	00:41:34
100	149	MIGUEL MOTA	BIBOOO PORTO	M	76	00:41:41
101	152	SARA MARQUES		F	25	00:41:41
102	11	ANA NEVES		F	26	00:41:52
103	74	FILIPPE REIS	WD40+	M	77	00:41:56
104	75	ÂNGELA VIEIRA	WD40+	F	27	00:42:20
105	85	JORGE PESSOA	Runners&Friends	M	78	00:42:31
106	76	MÁRIO PEREIRA	WD40+	M	79	00:42:50
107	191	JOSÉ BERNARDO		M	80	00:42:52
108	10	CARLOS SILVA		M	81	00:43:22
109	68	BEATRIZ COSTA	RunAway Club	F	28	00:43:25
110	118	DANIELLE SILVA		F	29	00:44:02
111	119	WILLIAM VIEIRA		M	82	00:44:02

Pos	Num	Nome	Equipa	Sx	Pos Cat	Tempo
112	113	ANA FILIPA CORREIA		F	30	00:44:40
113	73	LÚCIA SANTOS	WD40+	F	31	00:44:40
114	94	ANDREIA PITA		F	32	00:44:41
115	107	CATARINA GONÇALVES		F	33	00:45:00
116	144	ROBERTO MODESTINO	BIBOOO PORTO	M	83	00:45:04
117	53	MARIYA OLIVEIRA	Light Runners	F	34	00:45:11
118	69	FERNANDA GOMIDE		F	35	00:45:22
119	115	GUO		M	84	00:45:31
120	160	INÉS KRYVITSKA		F	36	00:45:31
121	114	ALI GHASSAN AAWAEED		M	85	00:45:32
122	108	MIRELLY SOARES		F	37	00:45:36
123	178	FAUSTINE MAUCOURT		F	38	00:45:45
124	134	AZMAYESH LILA		F	39	00:45:58
125	176	STEPAN KUBALA	Athletic Club Kamartelo	M	86	00:46:00
126	71	MICHAL JAHODA	Athletic Club Kamartelo	M	87	00:46:01
127	157	JOSÉ SIMÕES		M	88	00:46:15
128	111	JOANA FILIPE		F	40	00:46:19
129	159	LUCAS DISRAELI		M	89	00:46:57
130	185	MARTIM SANTOS		M	90	00:47:08
131	186	MARTIM FERREIRA		M	91	00:47:16
132	9	CRISTINA SILVA		F	41	00:48:22
133	14	SOFIA RODRIGUES		F	42	00:48:48
134	104	HAN		F	43	00:49:02
135	95	JORGE MARQUES		M	92	00:49:40
136	96	JOYCE MARQUES		F	44	00:49:40
137	63	ISAURA VASCO		F	45	00:49:41
138	49	MÓNICA SILVA		F	46	00:51:14
139	88	MARIANA MATOS DA SILVA		F	47	00:51:24
140	50	RAFAEL COSTA		M	93	00:52:39
141	130	TAYLOR SANTOS JOHNSON		F	48	00:53:35
142	141	SUSANA FERREIRA	All In CrossFitMondego	F	49	00:53:52
143	7	ANA KARINA DE SOUSA FERNANDES	a correr dos meus problemas	F	50	00:54:09
144	8	HELENA ANTUNES	a correr dos meus problemas	F	51	00:54:09
145	188	URSKA	Avocado	F	52	00:54:19
146	136	MARTA		F	53	00:54:39
147	155	EVA POVKHANYCH	BIBOOO PORTO	F	54	00:54:42
148	187	ELLEN	Avocado	F	55	00:55:04
149	139	INÉS GONÇALVES		F	56	00:55:32
150	138	RICARDO ASSUNÇÃO		M	94	00:55:33
151	131	NICOLA SANTOS JOHNSON		F	57	00:55:48
152	106	JOÃO SIMÕES MORGADO		M	95	00:58:27
153	28	FRANCISCO PINTO		M	96	01:03:04
154	29	CATARINA COELHO		F	58	01:03:23
155	43	FRANCISCO GAMBOA		M	97	01:04:47
156	189	ANNA KOSECKA	Athletic Club Kamartelo	F	59	01:06:23
157	3	JOANA ANDRÉ	RunAway Club	F	60	01:06:23
158	171	CHLOÉ BOZON-PÉTRIER		F	61	01:07:32
159	169	EMMA JOURDAN		F	62	01:07:33
160	154	MILA FURTADO	a correr dos meus problemas	F	63	01:13:56
161	161	CLARISSA		F	64	01:14:38
-	58	CLÁUDIA CARRAPATO	FOCUS_TUU	F		Desclassificado