





Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos Cat	Pos S	12.2 km	19.0 km	Ritmo	Tempo
104	45	CARINA ALMEIDA	F	Runners da Frente Ribeirinha da Povo de Santa iria	F40	6	15	1:47:43.767	2:59:00.506	10:29	4:22:14.133
105	98	SERGIO RODELO	M	Run Crew Trail Montijo	M50	10	90	1:44:24.570	2:57:53.154	10:32	4:23:45.209
106	60	BÁRBARA CRUZ	F	2600TR	SEN F	2	16	1:43:54.693	2:49:25.668	10:41	4:27:27.006
107	151	JOÃO HENRIQUES	M	SS CGD	M45	20	91	1:49:26.750	2:57:51.747	10:47	4:29:59.341
108	94	JOÃO SILVA	M	ATR - Algarve Trail Running	M60	4	92	1:51:46.383	3:02:14.058	10:49	4:30:43.038
109	65	ANTÓNIO	M	O MUNDO DA CORRIDA	M60	5	93	1:43:02.349	2:51:32.317	10:50	4:31:11.300
110	101	JOÃO CARLOS CARVALHO SANTOS VICENTE	M	Trilhos de Costume	M60	6	94	1:54:42.160	3:08:56.517	10:50	4:31:16.131
111	157	HELDER BICHO	M	Runners da Frente Ribeirinha da Povo de Santa iria	M45	21	95	1:39:32.408	2:57:39.923	10:58	4:34:23.669
112	122	CARLOS RANGEL	M		M60	7	96	1:57:24.804	3:08:27.807	11:08	4:38:43.305
113	19	JOÃO SOARES	M	Prós Trails	M45	22	97	1:53:13.169	3:08:49.926	11:14	4:41:13.647
114	92	ANABELA MADEIRA	F	Runners da Frente Ribeirinha da Povo de Santa iria	F50	2	17	1:57:43.438	3:12:12.494	11:16	4:41:43.455
115	17	TÂNIA CARVALHO	F	Housemartins Belas	SEN F	3	18	1:58:08.453	3:12:38.228	11:16	4:42:07.747
116	72	SIMÃO	M	GMC Jamor	M40	23	98	1:46:48.695	3:01:47.320	11:27	4:46:25.308
117	128	JORGE MIMOSO	M		M50	11	99	2:01:30.765	3:18:20.088	11:26	4:46:25.834
118	120	FILIPPE MADEIRA	M	PintosMadeiras	M45	23	100	1:47:55.145	3:07:16.725	11:32	4:48:53.486
119	11	PAULO DOMINGUES	M		M50	12	101	1:47:51.056	3:07:16.277	11:32	4:48:53.565
120	118	MARCO MELO	M		M45	24	102	1:52:53.758	3:15:50.395	11:39	4:51:35.388
121	135	JORGE SOARES	M	OPraticante.pt	SEN M	25	103	1:44:19.784	3:04:01.702	11:52	4:56:57.511
122	77	LUIS MORAIS	M	Runners da Frente Ribeirinha da Povo de Santa iria	M40	24	104	2:05:32.342	3:26:05.758	11:59	4:59:45.519
123	78	PAULA OLIVEIRA	F	Runners da Frente Ribeirinha da Povo de Santa iria	F50	3	19	2:05:32.618	3:26:13.597	11:59	4:59:45.681
124	119	MARCELINA SOUSA	F	ADN Mértola	SEN F	4	20	2:02:05.648	3:25:01.926	12:06	5:02:34.722
125	47	ILDA BARATA	F	Alverca Urban Runners	F60	1	21	2:01:30.749	3:25:01.932	12:06	5:02:35.193
126	10	GESSINA MENDES	F	Trilhos de Costume	F50	4	22	2:04:47.066	3:28:42.017	12:10	5:04:18.580
127	9	MÁRIO ANJO	M	Trilhos de Costume	M55	11	105	2:04:26.939	3:28:03.699	12:10	5:04:19.901
128	32	ALCIDES CASELAS PEREIRA	M	Runners da Frente Ribeirinha da Povo de Santa iria	M55	12	106	1:53:41.786	3:17:03.975	12:14	5:06:12.531
129	30	ANTÓNIO SOARES	M	Runners da Frente Ribeirinha da Povo de Santa iria	M50	13	107	1:53:39.517	3:17:10.996	12:14	5:06:13.031
130	71	ADOLFO OLIVEIRA	M	Runners da Frente Ribeirinha da Povo de Santa iria	M45	25	108	2:04:25.805	3:31:57.438	12:14	5:06:13.651
131	153	PEDRO TAVARES	M	Runners da Frente Ribeirinha da Povo de Santa iria	M45	26	109	1:53:39.032	3:17:43.794	12:14	5:06:13.928
132	91	MANUEL FRANCISCO	M	Runners da Frente Ribeirinha da Povo de Santa iria	M60	8	110	1:53:56.170	3:16:48.719	12:14	5:06:14.192
133	88	PEDRO RASTEIRO	M	Talentos Team	M45	27	111	2:01:20.748	3:30:54.553	12:37	5:15:38.447
134	85	MARIA MAGRO	F	Trilhos de Costume	F50	5	23	2:12:17.146	3:39:19.900	12:38	5:16:04.992
135	90	ISABEL RAMOS	F		F40	7	24	2:16:00.839	3:45:12.488	13:00	5:25:25.624
136	112	FERNANDO GARCIA	M	GEDA Campo Maior Trail Runners	M40	25	112	2:09:59.354	3:40:48.480	13:03	5:26:34.026
137	86	JOSÉ FINURAS	M	Trilhos de Costume	M50	14	113	2:15:50.501	3:45:03.858	13:03	5:26:34.040
138	67	ANABELA PEREIRA	F	Runners da Frente Ribeirinha da Povo de Santa iria	F45	7	25	2:23:08.002	4:03:36.742	13:53	5:47:21.139
139	137	ANA LÚCIA DE JESUS	F	ATR - Algarve Trail Running	F40	8	26	2:20:17.386	3:59:16.346	14:05	5:52:26.992