

Nome da Prova: Grande Trail Secreto
 Organizador: G.R. Corredoura Trail Team
 Classe: Trail
 Categoria: Classificação Trail Longo 33km

Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos Cat	Pos S	9.0 km	Ritmo	Tempo
1	80	MIGUEL ARSÉNIO	M		SEN M	1	1	0:49:50.887	4:48	2:38:50.909
2	46	FILIPE COSTA	M	Clube Desportivo de Espite	M35	1	2	0:52:00.267	5:07	2:49:24.076
3	1370	FRANCISCO REIS	M	A. C. S. Mamede	SEN M	2	3	0:53:11.695	5:13	2:52:40.024
4	1241	CARLOS BÁRBARA	M	A. C. S. Mamede	M35	2	4	0:52:14.541	5:30	3:01:42.238
5	1346	JOÃO CARVALHO	M	ARCD MENDIGA	SEN M	3	5	0:56:04.813	5:37	3:05:41.281
6	56	BRUNO PEREIRA	M	Caracol Trail Team	M45	1	6	0:58:07.762	5:41	3:07:57.285
7	684	FÁBIO FILIPE	M	A. C. S. Mamede	M35	3	7	0:55:52.956	5:52	3:13:46.062
8	27	MARCO PACHECO	M	Serra D Aire Trail Team	M40	1	8	0:55:38.995	5:52	3:13:46.764
9	1312	LUÍS SILVA	M	GRF Benedita - Atletismo	M35	4	9	0:58:30.130	5:56	3:15:56.243
10	52	RUI	M		M35	5	10	1:01:04.309	5:59	3:17:45.864
11	1315	TIAGO TOMÁS	M	GRF Benedita - Atletismo	SEN M	4	11	1:01:21.754	6:08	3:22:50.713
12	70	JOSÉ SEQUEIRA	M	Trialmotor	SEN M	5	12	1:02:37.535	6:14	3:25:44.525
13	3	FABIO LAMAS	M	FATIMA TRAIL TEAM	M40	2	13	1:06:08.207	6:14	3:25:45.494
14	14	PAULO ROQUE	M		M50	1	14	1:01:25.288	6:17	3:27:36.799
15	43	JOÃO SANTOS	M		SEN M	6	15	0:55:04.075	6:18	3:28:02.693
16	1350	EDUARDO FERREIRA	M	AirLux - Nda	SEN M	7	16	1:04:03.141	6:20	3:29:09.634
17	1075	JOEL COUTO	M	Grupo Alegre Unido Bajouca	M40	3	17	1:01:56.669	6:29	3:34:22.540
18	1374	RUI GAIO	M	SCOMBAL/TRAIL TEAM	M35	6	18	1:01:50.494	6:31	3:35:21.078
19	1223	EMANUEL BATISTA	M	A. C. S. Mamede	M50	2	19	1:03:05.478	6:33	3:36:26.256
20	1135	FILIPE NOGUEIRA	M	Noticias de Colmeias Atletismo	M50	3	20	1:04:01.507	6:37	3:38:43.738
21	29	DAVID CÂNDIDO	M		M40	4	21	1:03:59.154	6:40	3:40:17.556
22	60	JÚLIO RODRIGUES	M	NFC Running Team	M40	5	22	1:03:21.496	6:42	3:41:40.923
23	81	GUIDA FONTES	F	CF Os Marialvas	F35	1	1	1:05:43.360	6:44	3:42:32.074
24	53	RUI VIEIRA	M		M40	6	23	1:03:38.231	6:48	3:44:28.282
25	54	LUÍS SANTOS	M	FATIMA TRAIL TEAM	M50	4	24	1:05:22.461	6:48	3:44:54.711
26	1082	VÍTOR GODINHO	M	SB VIDROS - VIDRALA	M45	2	25	1:04:00.389	6:49	3:45:20.069
27	1372	DIANA ELIAS	F	Porto de Mos a Correr	F35	2	2	1:09:02.214	6:56	3:49:16.301
28	1272	MANUEL FERNANDES	M	SCOMBAL/TRAIL TEAM	M35	7	26	1:01:55.728	7:00	3:51:06.993
29	5	JORGE VIEIRA	M		M40	7	27	1:09:48.582	7:09	3:56:11.138
30	74	TIAGO ESPERANÇA	M	-	M45	3	28	1:08:30.637	7:09	3:56:26.900
31	24	VÍTOR PEREIRA	M	Runners da Frente Ribeirinha da Póvoa de santa iria	M45	4	29	1:04:53.685	7:10	3:57:01.516
32	71	FÁTIMA ALENDOURO	F	Porto de Mos a Correr	F50	1	3	1:10:19.142	7:12	3:57:50.793
33	42	SANDRA OLIVEIRA	F	CF Os Marialvas	SEN F	1	4	1:13:42.594	7:20	4:02:22.380
34	1375	LINO FRANCO	M	LIZ RUNNERS	M45	5	30	1:10:38.369	7:29	4:07:25.831
35	1371	HENRIQUE FERNANDES	M	SCOMBAL/TRAIL TEAM	M40	8	31	1:08:58.542	7:30	4:08:07.312
36	34	PAULO GOMES	M	FATIMA TRAIL TEAM	M40	9	32	1:14:47.021	7:45	4:16:00.895
37	38	MARGARIDA VIEIRA	F	C uma Perna às Costas	F45	1	5	1:17:07.236	7:48	4:17:50.509
38	62	MARCELO COELHO	M		SUB23 M	1	33	1:15:02.080	7:52	4:19:52.622
39	26	RODOLFO	M	SINMETRO	M45	6	34	1:14:49.699	7:59	4:23:46.757
40	40	DAVID GOUVEIA	M	Evolução Vertical	SEN M	8	35	1:12:42.218	8:00	4:24:23.172
41	44	CARLA SILVA	F	100 Gás Trail Team	F40	1	6	1:18:41.193	8:03	4:26:03.339
42	1111	GERMANO CAPELA	M	CA BARREIRA	M55	1	36	1:15:28.698	8:04	4:26:22.515
43	78	MANUELA MENDES	F	Desafios Positivos D +	F40	2	7	1:14:59.986	8:13	4:31:39.794
44	12	JOAQUIM RIBEIRO	M		M35	8	37	1:13:38.541	8:19	4:34:35.368
45	73	SAMUEL NETO	M		SEN M	9	38	1:17:13.457	8:19	4:35:05.161
46	1314	LUÍS PAULO	M	GRF Benedita - Atletismo	M65	1	39	1:15:10.212	8:23	4:36:56.800
47	41	RODOLFO DEYLLLOT	M	Cromos Trail Team	M55	2	40	1:18:33.069	8:32	4:42:04.979
48	55	PEDRO PEÇA	M	Fajarda runners	M50	5	41	1:17:14.616	8:37	4:44:52.523
49	1125	JOÃO TOMÁS	M	A. C. S. Mamede	SEN M	10	42	0:54:45.158	8:47	4:49:52.382
50	1376	PEDRO PEREIRA	M	ACBatalha	M45	7	43	1:23:34.525	8:54	4:54:03.797
51	23	GINA OLIVEIRA	F	CD ÁGUIAS ALPIARÇA	F55	1	8	1:25:44.527	9:02	4:58:21.642
52	16	LINA MATEUS	F	aminhacorrida	F40	3	9	1:24:00.765	9:04	4:59:25.256
53	1130	NELSON SOUSA	M	G.A.Caranguejeira	M45	8	44	1:16:18.467	9:20	5:08:03.313
54	65	NELSON PEREIRA	M	FATIMA TRAIL TEAM	M50	6	45	1:22:32.699	9:29	5:13:27.532
55	28	PEDRO SANTOS	M	Fajarda Runners	M40	10	46	1:17:20.797	9:32	5:14:51.304
56	1037	JORGE AGOSTINHO	M	CA BARREIRA	M65	2	47	1:23:25.163	9:57	5:28:51.870
57	66	ISABEL MADEIRA	F	ARCD Venda da Luísa	F50	2	10	1:31:42.288	10:12	5:36:55.239
58	18	CARLOS OVELHA	M	Amigos do Trilho	M55	3	48	1:33:54.612	10:46	5:55:46.831
59	75	MARCO DIAS	M	CCD Siemens	M35	9	49	1:35:28.884	10:54	5:59:47.784
60	67	MÁRIO ANJO	M	Trilhos do Costume	M55	4	50	1:45:27.505	11:48	6:29:44.675
61	59	RENATO LOPES	M	Juventude Ouriense	M50	7	51	1:37:23.052	11:48	6:29:55.710
62	68	GESSINA MENDES	F	Trilhos do Costume	F50	3	11	1:45:28.878	11:49	6:30:21.171
63	1296	JOSE BAPTISTA	M	LIZ RUNNERS	M60	1	52	1:35:15.052	12:09	6:41:02.786
64	19	LUIS ANDRÉ	M	Hct Running Team	M45	9	53	1:40:25.458	12:45	7:01:07.978