



Nome da Prova: 5º Trilhos D'Pedro D'Ines

Organizador: URDC Paço

Classe: Trail

Categoria: Classificação Geral 13km

Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos Cat	Pos S	10.3 km	Ritmo	Tempo
1	1057	CRISTIANO MARQUES	M	CAPenafirme	SEN M	1	1	0:55:41.078	5:35	1:12:43.033
2	1067	RODRIGO NOIVO	M		M40	1	2	0:59:19.034	5:51	1:16:10.087
3	1058	EMANUEL MARQUES	M	CAPenafirme	SEN M	2	3	0:59:18.909	5:52	1:16:22.718
4	1047	NUNO PEIXOTO	M		SEN M	3	4	0:58:46.672	5:52	1:16:23.499
5	1037	JÓNI JACINTO	M		SEN M	4	5	1:00:00.544	6:06	1:19:22.549
6	13	PEDRO FARTO	M	A.C. Geraldês	M40	2	6	1:04:34.737	6:37	1:26:04.950
7	1075	FILIFE FERNANDES	M	A.R.S.C. Toledo	SUB23 M	1	7	1:02:52.423	6:52	1:29:19.918
8	1116	FRANCISCO MELÍCIAS	M	CAPenafirme	M45	1	8	1:08:09.569	6:53	1:29:40.080
9	1041	RUI PEREIRA	M	Peniche a Correr	M45	2	9	1:08:31.037	6:55	1:30:08.294
10	1097	LUIS MARQUES	M	Refísica	M50	1	10	1:08:29.960	6:56	1:30:10.136
11	1070	JORGE MARTINS	M	ADCR O Independente	SEN M	5	11	1:10:28.742	6:56	1:30:15.121
12	1049	VÍTOR CHAGAS	M		M45	3	12	1:02:43.106	7:03	1:31:40.461
13	13120	SÉRGIO SANTOS	M	SHARISH GIN/GD PIRANHAS DO ALQUEVA	M45	4	13	1:09:50.722	7:03	1:31:53.777
14	1312	LOES SCHUREN	F	SHARISH GIN/GD PIRANHAS DO ALQUEVA	F45	1	1	1:09:51.412	7:03	1:31:53.784
15	1050	FILIFE CRUZ	M	FCruz	SEN M	6	14	1:11:36.131	7:16	1:34:35.423
16	1302	LARA ONOFRE	F	CAPenafirme	SUB23 F	1	2	1:12:19.499	7:17	1:34:40.107
17	13002	RENATO SANTOS	M	CAPenafirme	SEN M	7	15	1:12:16.104	7:17	1:34:40.267
18	1027	PEDRO CARVALHO	M	Sporting Clube Lourinhansense	SEN M	8	16	1:12:27.828	7:19	1:35:14.185
19	1026	RÚBEN CARAPAU VENTUR.	M	1134	SEN M	9	17	1:10:36.672	7:23	1:36:09.278
20	1028	PEDRO REBELO	M	Pesquito Team	M45	5	18	1:13:14.434	7:23	1:36:23.852
21	13004	MARCO NEVES	M	Peniche a Correr	M40	3	19	1:13:21.053	7:27	1:36:54.228
22	1304	SUSANA QUERIDO	F	Peniche a Correr	SEN F	1	3	1:13:21.305	7:27	1:36:54.254
23	1098	RICARDO DELGADO	M	Trilhos Romanos	M40	4	20	1:13:49.224	7:29	1:37:30.799
24	1039	HUGO SANTOS	M		SEN M	10	21	1:12:36.244	7:38	1:39:20.884
25	1025	PEDRO ANTONIO	M		M45	6	22	1:13:50.208	7:39	1:39:30.490
26	1019	MICAEL INACIO	M	DINOPOWER /CORRER NA VILA	SEN M	11	23	1:15:27.466	7:41	1:40:03.414
27	1107	JOÃO PINTO	M		SEN M	12	24	1:18:20.147	7:51	1:42:15.807
28	1054	FILIFE HENRIQUES	M	CAPenafirme	M45	7	25	1:17:29.119	7:55	1:43:00.727
29	1038	CESÁRIO BORGES	M		M45	8	26	1:20:52.929	8:02	1:44:35.712
30	13001	SOFIA DELGADO	F	DINOPOWER /CORRER NA VILA	F45	2	4	1:21:18.717	8:04	1:45:01.542
31	1301	DANIEL SANTOS	M	DINOPOWER /CORRER NA VILA	M45	9	27	1:21:17.230	8:04	1:45:02.143
32	1029	RODRIGO REDONDEIRO	M	Pesquito Team	SEN M	13	28	1:21:05.109	8:05	1:45:31.976
33	1069	ISAÚL OLIVEIRA	M	ADCR O Independente	M50	2	29	1:23:16.163	8:07	1:45:38.267
34	1068	JOSÉ OLIVEIRA	M	ADCR O Independente	SEN M	14	30	1:23:16.163	8:07	1:45:38.269
35	1072	VASCO SILVA	M	ADCR O Independente	M40	5	31	1:23:17.984	8:14	1:47:16.772
36	1055	RUTE GOMES	F	CAPenafirme	F40	1	5	1:24:16.535	8:19	1:48:16.768
37	1015	JORGE HENRIQUES	M		M40	6	32	1:22:36.717	8:20	1:48:29.527
38	1033	MIGUEL MAMEDE	M	Os Levezinhos	SEN M	15	33	1:24:24.220	8:21	1:48:42.798
39	1096	IARA MATIAS	F	CAPenafirme	SUB23 F	2	6	1:23:42.446	8:25	1:49:26.753
40	1104	DIOGO SEQUEIRA	M		SUB23 M	2	34	1:24:28.834	8:27	1:50:07.172
41	1056	FLÁVIO FONSECA	M	CAPenafirme	SEN M	16	35	1:23:37.462	8:35	1:51:37.962
42	1032	VASCO CARVALHO	M		M45	10	36	1:25:25.769	8:40	1:52:54.482
43	1046	FILIFE FONSECA	M		SEN M	17	37	1:23:18.199	8:42	1:53:13.355
44	1074	FILIFE PEREIRA	M		M40	7	38	1:26:20.267	8:44	1:53:39.331
45	1053	JOSÉ CATARINO	M	CAPenafirme	M55	1	39	1:24:32.953	8:49	1:54:48.100
46	1071	FRANCISCO FERNANDES	M	ADCR O Independente	M60	1	40	1:24:40.415	8:52	1:55:30.237
47	13130	FILIPA SIMÕES	F	DNMG	F40	2	7	1:30:07.398	9:02	1:57:28.417
48	1313	GONÇALO SIMÕES	M	DNMG	M40	8	41	1:30:05.272	9:02	1:57:28.859
49	13100	MARTA FERNANDES	F	Peniche a Correr	F40	3	8	1:29:49.190	9:04	1:58:02.358
50	1009	EMANUEL SELEIRO	M	1134	SEN M	18	42	1:29:51.381	9:04	1:58:02.751
51	1310	FERNANDO FERNANDES	M	Peniche a Correr	M40	9	43	1:29:50.985	9:04	1:58:02.879
52	1073	SANDRA VITORINO	F	DINOPOWER /CORRER NA VILA	F50	1	9	1:29:56.549	9:12	1:59:45.759
53	13110	PEDRO DUARTE	M	Riorun	M45	11	44	1:33:03.380	9:17	2:00:52.888
54	1020	JULIO RIBEIRO	M	DINOPOWER /CORRER NA VILA	M50	3	45	1:35:50.594	9:43	2:06:30.434
55	1018	RUI MARTINS	M	DINOPOWER /CORRER NA VILA	M50	4	46	1:35:51.436	9:43	2:06:32.189
56	1035	LEONARDO LOPES	M		SEN M	19	47	1:36:09.427	9:44	2:06:36.320
57	1036	CARLOS OVELHA	M	Amigos do Trilho	M55	2	48	1:35:53.997	9:44	2:06:38.699
58	1109	PATRÍCIA PATROCÍNIO	F	CAPenafirme	SEN F	2	10	1:35:40.568	9:45	2:06:52.647
59	1016	CLARA CORDEIRO	F	A.R.S.C. Toledo	F45	3	11	1:36:35.123	9:46	2:07:09.017
60	1077	MIGUEL MACHADO	M	Ricardo Raposo- Serviços Imobiliários	SEN M	20	49	1:41:16.713	9:47	2:07:31.872
61	1052	OSCAR OLIVEIRA	M		M55	3	50	1:35:48.962	9:50	2:08:00.953
62	1076	ANA LUÍSA AGUIAR	F	Ricardo Raposo- Serviços Imobiliários	SEN F	3	12	1:42:34.073	9:53	2:08:48.375
63	1078	RICARDO RAPOSO	M	Ricardo Raposo- Serviços Imobiliários	SEN M	21	51	1:42:32.411	9:53	2:08:49.103
64	1103	JOÃO BARBOSA	M	Falcões Selvagens	M60	2	52	1:36:40.488	9:54	2:08:52.340
65	1023	MACHADO-FRIEL	F		F50	2	13	1:40:53.064	9:55	2:09:00.768
66	1311	FILOMENA DUARTE	F	Riorun	F45	4	14	1:39:49.132	9:58	2:09:39.501
67	1051	FILIPA MATIAS	F	Faísca Trail Team	F50	3	15	1:39:48.655	10:03	2:10:53.387
68	1079	PATRÍCIA MIRANDA	F		F45	5	16	1:41:06.767	10:09	2:12:06.966
69	1105	CIDALIA MATIAS	F	A.R.S.C. Toledo	F50	4	17	1:41:25.260	10:13	2:12:56.424
70	13008	ISABEL REBELO	F	O Caminho	F50	5	18	1:41:16.893	10:14	2:13:17.918
71	1308	VITOR REBELO	M	O Caminho	M55	4	53	1:41:16.620	10:14	2:13:18.350



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Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos Cat	Pos S	10.3 km	Ritmo	Tempo
72	13009	RICARDO RÉGO	M	Sporting Clube Lourinhanense	SEN M	22	54	1:46:58.716	10:34	2:17:32.801
73	1309	DANIELA RÉGO	F	Sporting Clube Lourinhanense	SEN F	4	19	1:47:00.724	10:34	2:17:32.927
74	1031	ELISABETE SILVA	F	Lebres do sado	F50	6	20	1:45:59.214	10:40	2:18:55.186
75	1030	VÍTOR SILVA	M	Lebres do sado	M55	5	55	1:45:57.171	10:40	2:18:56.005
76	1005	VENÂNCIO SILVA	M	1134	SEN M	23	56	1:45:05.578	10:43	2:19:34.239
77	1100	LUÍS MARQUES	M	Team #Vouláter	M45	12	57	1:51:12.492	10:42	2:19:44.461
78	1101	RUI PEDROTO	M	Team #Vouláter	M45	13	58	1:51:13.545	10:45	2:19:44.778
79	1013	JORGE CAMPANIÇO	M	1134	M45	14	59	1:43:13.466	10:44	2:19:50.690
80	1044	ALICE ROSÁRIO	F	DINOPOWER /CORRER NA VILA	F40	4	21	1:43:12.386	10:45	2:19:50.857
81	1059	LUÍS MÓNICO	M		M50	5	60	1:48:35.396	10:53	2:21:34.493
82	1060	ANDREA CRAVO	F		F45	6	22	1:48:35.965	10:53	2:21:34.775
83	1048	MARTA BAPTISTA	F		F45	7	23	1:47:18.243	10:54	2:21:53.203
84	1042	TERESA SARDINHA	F	Dolce Furadouro	F50	7	24	1:47:19.208	10:54	2:21:53.524
85	1045	FÁBIO DIAS	M		SEN M	24	61	1:47:48.547	10:54	2:21:55.597
86	1063	CLÁUDIA FERREIRA	F	36D	SEN F	5	25	1:49:01.090	11:00	2:23:08.546
87	1064	VERA CUÇO	F	36D	SEN F	6	26	1:48:59.324	11:00	2:23:08.639
88	13000	SOFIA PEDRO	F	DINOPOWER /CORRER NA VILA	F45	8	27	1:46:51.264	11:02	2:23:40.153
89	1300	CUSTÓDIO VENTURA	M	DINOPOWER /CORRER NA VILA	M40	10	62	1:46:50.966	11:03	2:23:41.969
90	1014	PEDRO OLIVEIRA	M	1134	SEN M	25	63	1:49:41.793	11:12	2:25:52.957
91	1034	RAQUEL ASSUNÇÃO	F	1134	SEN F	7	28	1:49:42.080	11:12	2:25:53.173
92	1003	LUÍS FONSECA	M		M45	15	64	1:53:45.159	11:00	2:26:48.889
93	1112	JOÃO MANUEL CORREIA	M	CLUBE DE TAEKWONDO DE PENICHE	M55	6	65	1:47:42.205	11:25	2:28:35.633
94	1111	DAVID MIGUEL AGOSTINHC	M	CLUBE DE TAEKWONDO DE PENICHE	SEN M	26	66	1:47:44.865	11:25	2:28:36.523
95	1110	RICARDO JORGE FERREIR	M	CLUBE DE TAEKWONDO DE PENICHE	M40	11	67	1:47:43.502	11:25	2:28:40.286
96	1113	RUI ESTEVÃO	M	PENICHE	SEN M	27	68	1:47:44.785	11:25	2:28:40.436
97	1102	SOFIA MARQUES	F	Team #VouláTer	F40	5	29	1:56:00.123	11:36	2:31:06.624
98	1099	ANA PEDROTO	F	Team #Vouláter	F45	9	30	1:56:00.318	11:36	2:31:06.834
99	1008	JOÃO RÉGO	M	1134	SUB23 M	3	69	1:56:42.926	11:45	2:33:01.627
100	1004	NUNO RODRIGUES	M	1134	M45	16	70	1:56:43.507	11:45	2:33:03.553
101	1061	VERA GONÇALVES	F		F45	10	31	1:54:22.550	11:46	2:33:08.353
102	1066	SUSANA BORGA	F		F40	6	32	1:55:45.882	11:47	2:33:23.227
103	1306	CLÁUDIA GARCIA	F	Lebres do Oeste	F40	7	33	2:00:03.480	12:01	2:36:31.303
104	13006	SÉRGIO GARCIA	M	Lebres do Oeste	M40	12	71	2:00:08.837	12:02	2:36:33.667
105	13007	MARIA PERPÉTUA FERREIF	F	Sabores do Paço / Zatopeques	F60	1	34	2:01:01.394	12:12	2:38:50.921
106	1307	ORLANDO GABRIEL FERRE	M	Sabores do Paço / Zatopeques	M60	3	72	2:01:01.150	12:12	2:38:51.089
107	1021	SANDRA ARRAIAS	F	Os Arraias	F40	8	35	2:07:33.930	12:54	2:47:53.681
108	1022	DIOGO ARRAIAS	M	Os Arraias	M60	4	73	2:07:42.635	12:54	2:47:56.092
109	13005	INES CHAGAS	F	Amantes Trail & Run	SEN F	8	36	2:10:12.096	13:13	2:52:04.494
110	1305	MARIO ZARRO	M	Amantes Trail & Run	M40	13	74	2:10:13.032	13:13	2:52:06.739
111	1006	CARINA RIBEIRO	F	1134	SEN F	9	37	2:11:53.527	13:33	2:56:22.883
112	1007	LUÍS OLIVEIRA	M	1134	M45	17	75	2:11:53.615	13:33	2:56:23.106
113	1040	ANA ZACARIAS	F	Sabores do Paço / Zatopeques	F40	9	38	2:12:31.510	13:41	2:58:03.378
114	1084	NUNO RAMOS	M	Fazendeiros	M40	14	76	2:24:43.336	13:59	3:01:58.257
115	1106	ANA SILVA	F	Fazendeiros	F40	10	39	2:24:41.843	13:59	3:01:58.768
116	1114	Carlos Morais	M	GMC Jamor	M50	6	77	2:15:33.143	14:02	3:02:27.295
117	1017	HÉLDER SANTOS	M	1134	M45	18	78	2:16:25.559	14:09	3:04:14.241
118	1024	JOSÉ SANTOS	M	1134	SUB23 M	4	79	2:16:27.538	14:10	3:04:17.514
119	1092	SALVADOR FONSECA	M	Fazendeiros	SUB23 M	5	80	2:32:46.970	15:15	3:18:48.685
120	1091	JOANNA FONSECA	F	Fazendeiros	SEN F	10	40	2:33:03.334	15:14	3:18:50.213
121	1088	GONÇALO SILVA	M	Fazendeiros	SEN M	28	81	2:33:00.763	15:20	3:19:48.844
122	1094	DANIEL PAIVA	M	Fazendeiros	SUB23 M	6	82	2:33:01.026	15:20	3:19:49.059
123	1090	KASSANDRA FONSECA	F	Fazendeiros	SEN F	11	41	2:32:58.511	15:20	3:19:52.538
124	1087	RAQUEL VIEIRA	F	Fazendeiros	F40	11	42	2:32:45.284	15:21	3:20:05.213
125	1081	TÂNIA SILVA	F	Fazendeiros	SEN F	12	43	2:32:47.154	15:21	3:20:05.461
126	1095	MÁRIO VIEIRA	M	Fazendeiros	SEN M	29	83	2:32:43.786	15:21	3:20:08.534
127	1085	NUNO OLIVEIRA	M	Fazendeiros	M45	19	84	2:32:49.461	15:20	3:20:09.589
128	1089	CARLA FONSECA	F	Fazendeiros	F50	8	44	2:33:12.407	15:30	3:22:08.095
129	1093	INÉS CORREIA	F	Fazendeiros	SUB23 F	3	45	2:33:02.426	15:30	3:22:08.103
130	1108	FIRMINA MAIO	F	40years	F50	9	46	2:33:19.559	15:33	3:22:18.841
131	1062	LUIS ILDEFONSO	M	40years	M45	20	85	2:33:20.011	15:32	3:22:19.633
132	1043	INÉS ALVOEIRO	F	Santana fc trail team	SEN F	13	47			
133	1065	JOÃO MONTEIRO	M		M60	5	86			
DNF	1010	SARA OLIVEIRA	F	1134	SEN F	14	48			
DQ	1086	ANITA OLIVEIRA	F	Fazendeiros	SUB23 F	4	49			