



Nome da Prova: Caldas Trail 2022
 Organizador: Não Fazemos Nem Mais Um... Km
 Classe: Trail
 Categoria: Classificação Geral 15KM



Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos S	Pos Cat	7.0 km	Ritmo	Tempo
1	655	Pedro Tapadas	M	Douroconta - Gabinete de Apoio e Contabilidade, LDA	SEN M	1	1	0:41:14.659	6:16	1:34:07.046
2	538	Rúben Caetano	M	CPALCANENA TRAIL	SEN M	2	2	0:41:16.203	6:25	1:36:15.086
3	679	Ernesto Pereira	M	FÁTIMA TRAIL TEAM	SEN M	3	3	0:42:45.649	6:49	1:42:25.563
4	623	Nuno Mariquito	M	Associação Desportiva de Castelo de Vide	SEN M	4	4	0:41:16.290	6:57	1:44:26.510
5	690	Dionísio Massena	M	Associação Desportiva de Castelo de Vide	M45	5	1	0:45:37.632	7:12	1:48:02.172
6	626	Paulo Pernes	M	Associação Desportiva de Castelo de Vide	SEN M	6	5	0:45:36.586	7:12	1:48:02.879
7	718	Rodrigo Inácio da Costa	M	A. C. S. Mamede	SEN M	7	6	0:45:47.234	7:22	1:50:30.421
8	719	Sérgio Gameiro	M	Fátima Trail Team	M45	8	2	0:48:26.010	7:22	1:50:40.385
9	724	Rui Carvalho	M	Bruxos Runners	M45	9	3	0:49:25.371	7:30	1:52:32.483
10	710	António Godinho	M	CPALCANENA TRAIL	M40	10	1	0:49:54.369	7:35	1:53:53.372
11	548	António Ferreira	M	Lobos da Serra - Loureiro	M50	11	1	0:48:48.713	7:40	1:55:06.083
12	704	João Fernando Arroja André	M	S.R.Camaral	M40	12	2	0:49:00.712	7:47	1:56:59.158
13	620	Paulo Rato	M		M45	13	4	0:49:52.567	7:49	1:57:19.847
14	537	Luis Froes	M	Associação 20 Kms de Almeirim	M40	14	3	0:49:33.734	7:56	1:59:00.861
15	619	Gabriel Marques	M	Train Hard	JUV M	15	1	0:53:08.568	8:04	2:01:08.063
16	617	fernando marques	M	Trail Runners Family	M40	16	4	0:53:06.537	8:05	2:01:20.867
17	586	VITOR CHAGAS	M		M45	17	5	0:48:46.169	8:06	2:01:35.017
18	641	Octávio Rodrigues	M	Douroconta - Gabinete de Apoio e Contabilidade, LDA	M40	18	5	0:51:44.178	8:06	2:01:39.015
19	533	Tiago Gonçalves	M	A.R. Casaeense/Escola de Atletismo de Coimbra/Intermarché Taveiro	SUB23 M	19	1	0:49:12.389	8:06	2:01:41.600
20	660	Pedro Campos	M	Douroconta - Gabinete de Apoio e Contabilidade, LDA	SEN M	20	7	0:48:13.117	8:08	2:01:59.177
21	578	ANA PAULA RODRIGUES	F	CPALCANENA TRAIL	SEN F	1	1	0:52:02.148	8:09	2:02:15.970
22	585	David Dias	M	Alverca Urban Runners	M45	21	6	0:54:50.706	8:14	2:03:34.329
23	702	Norberto Machado	M	Ultras Tornada	M40	22	6	0:50:57.014	8:17	2:04:36.877
24	681	Helder Couto	M	Salir do Porto	M45	23	7	0:51:05.604	8:18	2:04:38.588
25	643	João Pereira	M		SEN M	24	8	0:52:42.411	8:22	2:05:45.815
26	694	João Pinheiro	M		M40	25	7	0:50:50.492	8:35	2:08:56.707
27	657	Filipe Marques	M	Turres Trail Team	M40	26	8	0:52:18.784	8:35	2:09:01.078
28	658	Marina Alves	F	Turres Trail Team	SEN F	2	2	0:52:12.243	8:35	2:09:01.998
29	698	Paulo Resende	M	GDRT	M40	27	9	0:56:20.723	8:40	2:10:05.861
30	532	Nelson dos Santos Lopes	M	NFC Running Team	M40	28	10	0:58:03.931	8:40	2:10:11.175
31	672	Hugo Vicente	M		M40	29	11	0:50:48.507	8:42	2:10:42.031
32	670	Rui Pereira	M	Pimpões Triatlo	M50	30	2	0:57:09.083	8:51	2:12:47.452
33	558	David Santos	M	Team Bordallos	M40	31	12	0:55:01.408	8:53	2:13:24.902
34	712	Marco Vitorino	M	CPALCANENA TRAIL	M40	32	13	0:50:53.896	8:55	2:13:56.653
35	723	Helena Madeira	F	FreeRunners/ Idemprint	F40	3	1	0:58:20.243	9:01	2:15:28.796
36	514	Paulo Vieira	M	Runners da Frente Ribeirinha da Póvoa de Santa Iria	M45	33	8	0:58:48.750	9:13	2:18:23.974
37	656	Flávio SOUSA	M		M40	34	14	0:49:03.672	9:14	2:18:41.101
38	706	Duarte Manuel Nunes da Silva	M		M50	35	3	0:56:15.049	9:18	2:19:36.230
39	540	Fábio Braz	M	CPALCANENA TRAIL	M40	36	15	0:51:26.000	9:18	2:19:38.650
40	665	Marco Mata	M		M40	37	16	0:56:28.644	9:21	2:20:26.692
41	696	Albino Lopes	M		M50	38	4	1:02:01.268	9:23	2:21:02.857
42	661	António Carreiro	M	ETrilhos.Corre	M55	39	1	0:53:29.866	9:33	2:23:22.623
43	666	Tiago Vicente	M		M40	40	17	0:58:07.460	9:35	2:23:57.852
44	559	António Viegas	M	Montes Saloios Trail Team	M60	41	1	0:52:50.129	9:47	2:26:51.977
45	721	Tiago Joaquim	M	SCFZ Trail Runners	SEN M	42	9	1:01:25.198	9:47	2:26:53.105
46	697	Ruben barjona	M	Vagabundo da Barosa	M45	43	9	1:02:08.009	9:51	2:27:58.057
47	713	João Ferreira	M	CPALCANENA TRAIL	SEN M	44	10	0:57:59.997	9:53	2:28:14.605
48	707	Vasco Manuel Nunes da Silva	M		M45	45	10	0:59:53.767	9:53	2:28:26.958
49	566	João Farinha	M	Team Bordallos	M50	46	5	1:03:34.610	9:54	2:28:38.400
50	711	Mónica Branco	F	CPALCANENA TRAIL	SEN F	4	3	1:03:52.070	9:54	2:28:38.725
51	599	João Pratas	M	ARCD Venda da Luísa	JUV M	47	2	0:59:30.548	10:01	2:30:33.467
52	683	Nuno Belo	M		M40	48	18	1:12:18.530	10:05	2:31:36.666
53	673	Helder Lopes	M	SP	M40	49	19	1:08:52.248	10:10	2:32:58.322
54	601	Luis Fernandes	M	CPR A-do-Barbas	M40	50	20	1:04:10.931	10:13	2:33:33.964
55	582	António guerreiro	M	Arrastadeiras	M55	51	2	1:06:18.554	10:23	2:35:56.670
56	570	André Silva	M	CERVEJÃO TRAIL TEAM	SEN M	52	11	1:07:05.565	10:33	2:38:26.578
57	518	Tânia Cruz	F		SEN F	5	4	1:06:15.762	10:34	2:38:49.271
58	517	Nelson Grulha	M		M45	53	11	1:06:00.016	10:34	2:38:50.069
59	528	Fernando candeias	M	Runners da Frente Ribeirinha da Póvoa de Santa Iria	M50	54	6	1:05:26.656	10:35	2:38:50.187
60	722	Nuno	M	Crossmates	M45	55	12	1:06:17.425	10:34	2:38:50.298
61	680	Pedro Ribeiro	M		M50	56	7	1:01:25.400	10:35	2:39:00.945
62	691	Bernardo Moniz	M		SEN M	57	12	1:18:10.805	10:56	2:44:11.970
63	597	Ângela Fonseca	F		F50	6	1	1:10:22.973	10:59	2:44:55.665
64	589	Rui Francisco	M		M50	58	8	1:09:33.518	11:00	2:45:18.512
65	701	Hugo Pereira	M	TwoBike Team	M40	59	21	1:08:43.848	11:01	2:45:23.568
66	530	Márcio Viegas	M		M40	60	22	1:05:18.484	11:02	2:45:37.993
67	526	Jorge Bandedeira Duarte	M	BD	M55	61	3	1:09:33.072	11:04	2:46:15.543
68	569	Catarina Santos	F	Grupo Desportivo Concha Azul	SEN F	7	5	1:06:45.211	11:05	2:46:25.839
69	541	Thomas Goulding	M		SEN M	62	13	1:12:00.311	11:05	2:46:41.391
70	611	Sónia Almeida Filipe	F	Os Tolinhos	F40	8	2	1:11:52.500	11:06	2:46:41.515
71	631	Astrid Micheel	F		F50	9	2	1:14:21.884	11:07	2:47:02.392
72	613	Pedro António	M	Ponte Sor	M45	63	13	1:07:50.148	11:08	2:47:21.112
73	669	António Almeida	M	VIA3Runners	M60	64	2	1:12:04.156	11:11	2:47:49.567
74	642	Alexandre Espírito Santo	M		M40	65	23	1:11:48.926	11:16	2:49:18.930
75	607	Sergio Roberto	M	OS COXOS	M50	66	9	1:12:08.261	11:20	2:49:59.350
76	647	Evani freitas	F	SEN F	10	6	1:15:06.132	11:20	2:50:13.908
77	693	Margarida Roldão	F	Turres Trail Team	SEN F	11	7	1:15:03.443	11:26	2:51:43.884
78	602	Ângela Daniela Abreu	F	Grupo Desportivo Concha Azul	SEN F	12	8	1:11:57.992	11:28	2:52:08.303
79	505	Vitor Lourenço	M	Montes Saloios Trail Team	M50	67	10	1:14:07.703	11:29	2:52:25.365
80	511	Catarina Ferreira	F	Gaeiras Running Team	F40	13	3	1:14:01.699	11:37	2:54:28.317
81	545	Carlos Duarte	M	BD	M55	68	4	1:10:10.361	11:37	2:54:30.208
82	531	RUTE RIBEIRO	F		SEN F	14	9	1:08:02.341	11:41	2:55:25.374
83	504	João Alberto	M	Montes Saloios Trail Team	M55	69	5	1:14:10.686	11:49	2:57:29.912
84	629	Armando dos Santos Coelho	M		M40	70	24	1:14:31.438	11:52	2:58:14.974
85	625	Rodrigo Albano	M		M40	71	25	1:15:07.987	11:52	2:58:15.286
86	652	Pedro Bambulo	M	Clube aventura de Monforte	JUV M	72	3	1:08:11.690	11:53	2:58:22.077
87	709	Marisa Ferreira	F	CPALCANENA TRAIL	SEN F	15	10	1:13:02.727	11:58	2:59:38.082
88	640	Ana Vieira	F		F40	16	4	1:13:27.909	11:58	2:59:38.568
89	618	Susana Castro	F	Trail Runners Family	F45	17	1	1:17:37.348	11:58	2:59:39.944
90	583	Fernanda santos	F	Arrastadeiras	F40	18	5	1:12:38.148	11:59	2:59:50.811
91	579	Vasco Carvalho	M		M45	73	14	1:17:08.841	12:10	3:02:47.523
92	600	Graça Simões	F	ARCD Venda da Luísa	F45	19	2	1:17:59.772	12:13	3:03:34.455
93	506	Mário Caneira	M	Montes Saloios Trail Team	M50	74	11	1:17:59.727	12:14	3:03:37.743
94	699	Sofia Duarte	F		SEN F	20	11	1:16:46.043	12:20	3:05:11.049
95	638	Cláudio	M	Casa da Girafa Team	M50	75	12	1:19:01.256	12:21	3:05:33.986
96	563	Anabela Salgado	F	caracol trail team	F60	21	1	1:15:10.808	12:27	3:06:57.464
97	561	Catarina Fidalgo	F		F45	22	3	1:20:15.462	12:27	3:07:02.013
98	659	Fábio Silva	M		SEN M	76	14	1:14:07.713	12:31	3:08:02.724
99	562	José Ferreira	M	SSCGD	M60	77	3	1:17:19.493	12:36	3:09:06.494
100	534	Rita Costa	F		SEN F	23	12	1:24:55.128	12:40	3:10:18.869
101	565	FILIPE SIMÕES	M	CCDCAM - Centro de Cultura e Desporto do Crédito Agrícola Mútuo	M50	78	13	1:19:33.668	12:43	3:10:57.126
102	560	Lurdes Palmeiro	F	Montes Saloios Trail Team	F50	24	3	1:22:36.798	12:53	3:13:26.830
103	615	Daniél Santos	M	Dorãias	SEN M	79	15	1:22:58.421	12:54	3:13:46.933
104	667	Mariana Jorge	F		SEN F	25	13	1:22:57.601	12:54	3:13:47.719
105	555	Vasco Carvalho	M	Icarus Running Team	M60	80	4	1:31:01.118	13:01	3:15:31.649
106	507	Luis Carvalho	F		F50	26	4	1:21:46.469	13:02	3:15:54.945
107	644	Luís Carvalho	M		M55	81	6	1:21:46.474	13:02	3:15:56.040
108	553	José Capinha	M		M45	82	15	1:23:02.070	13:08	3:17:13.919
109	715	Sérgio Costa	M		M50	83	14	1:23:02.080	13:08	3:17:13.422
110	523	Ana Santos	F	As 4 em Linha	F40	27	6	1:21:33.954	13:24	3:21:17.476
111	650	Tiago Nicau	M	Clube aventura de Monforte	JUV M	84	4	1:14:09.206	13:25	3:21:20.429
112	700	Carlos Domingos Fernandes Guerreiro	M	Grupo Desportivo Concha Azul	M50	85	15	1:22:25.351	13:30	3:22:40.734
113	684	Miguel Guerra	M		SEN M	86	16	1:24:40.725	13:33	3:23:34.218
114	682	Carlos Guerra	M		M50	87	16	1:24:39.614	13:33	3:23:34.317
115	554	André	M	CCD CRÉDITO AGRÍCOLA MÚTUO	SEN M	88	17	1:19:33.673	13:33	3:23:35.993
116	544	Aldício Figueiredo	M		M55	89	7	1:23:17.683	13:40	3:25:21.278

Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos S	Pos Cat	7.0 km	Ritmo	Tempo
117	651	Filipe Bambulo	M	Clube aventura de Monforte	SUB23 M	90	2	1:24:35.850	13:45	3:26:26.022
118	636	Gonçalo Revez	M		M40	91	26	1:24:25.043	14:27	3:37:08.325
119	645	Miguel Frazao	M		M50	92	17	1:24:28.371	14:27	3:37:08.905
120	524	Élia Gonçalves	F	As 4 em Linha	F45	28	4	1:26:38.232	14:37	3:39:31.334
121	580	Francisco manuel dos reis gomes	M	Arrastadeiras	SEN M	93	18	1:33:00.348	14:44	3:41:29.540
122	594	Carlos Rodrigues	M	Montes Saloios Trail Team	M50	94	18	1:29:16.809	14:49	3:42:26.528
123	529	SHANTEL BECKERS	F		F50	29	5	1:24:35.525	14:52	3:43:12.914
124	662	Filipe Ferreira	M	ETrilhos.Corre	M55	95	8	1:29:04.634	15:16	3:49:14.367
125	608	Gonçalo Costa	M	Lobos da Serra - Loureiro	M50	96	19	1:45:29.666	15:55	3:58:53.266
126	603	Cristiana Silva	F	Lobos da Serra - Loureiro	SEN F	30	14	1:50:17.987	15:55	3:58:54.182
127	610	José Vicente	F	Lobos da Serra - Loureiro	M50	97	20	1:50:17.994	15:55	3:58:55.704
128	604	Roberto Simões	M	Lobos da Serra - Loureiro	M45	98	16	1:50:19.148	15:55	3:58:57.554
129	664	Francisco Correia	M		M40	99	27	1:34:36.107	16:12	4:03:22.676
130	542	Susana Jesus	F		SEN F	31	15	1:47:48.811	16:17	4:04:32.280
131	543	Carlos Jesus	M		M55	100	9	1:47:48.816	16:17	4:04:32.660
132	525	Olga Dias	F	As 4 em Linha	F45	32	5	1:53:28.311	19:19	4:49:55.015