



Nome da Prova: TEX - Trail Encostas de Xira

Organizador: Alverca Urban Runners

Classe: Trail

Categoria: Classificação Trail 25km

Pos	Dorsal	Atleta	S	Equipa	Categoria	Pos Cat	Pos S	11.7 km	18.4 km	24.5 km	Ritmo	Tempo
112	110	Luis Santana	M	Tilhos do Costume	M55	9	96	1:55:57.276	3:10:56.289	4:31:55.569	10:57	4:33:51.131
113	114	Manuel Victorino	M	G.C.D. O ALVITEJO	M60	5	97	1:47:09.880	3:01:17.193	4:31:47.397	10:58	4:34:41.266
114	133	António Guerra	M	Sozinho	M60	6	98	1:34:06.023	2:41:14.233	4:32:57.673	11:01	4:35:53.081
115	43	Pedro Santos	M	FPKM - F C Alverca	M40	31	99	1:51:02.200	3:05:52.668	4:34:56.794	11:04	4:37:13.482
116	58	Luis Manuel Pereira	M	Alverca Urban Runners	SEN M	19	100	1:51:02.238	3:05:54.352	4:34:56.918	11:04	4:37:15.175
117	49	Hernani Monteiro	M		M60	7	101	1:56:05.469	3:10:49.287	4:39:37.608	11:16	4:42:09.005
118	158	Viviana Ribeiro	F	Crp Ribafria	SEN F	8	17	2:02:29.396	3:17:23.782	4:43:02.593	11:23	4:45:02.019
119	99	Miguel Simões	M	Os Perigosos	M50	20	102	1:55:49.389	3:12:00.299	4:43:18.915	11:24	4:45:35.158
120	101	Fernando Reis	M	Os Perigosos	M50	21	103	1:55:46.373	3:06:31.022	4:43:19.331	11:25	4:45:36.041
121	100	Bruno Silvestre	M	Os Perigosos	M40	32	104	1:55:46.983	3:06:41.758	4:43:18.105	11:24	4:45:36.221
122	60	José Pereira	M	Os Perigosos	M60	8	105	1:55:33.445	3:11:49.701	4:43:17.593	11:25	4:45:36.421
123	102	Rui Santos	M	Os Perigosos	M40	33	106	1:55:38.152	3:06:45.385	4:43:18.604	11:25	4:45:36.421
124	39	David Clemente	M	Desafios Positivos D+	M40	34	107	1:56:52.918	3:19:06.163	4:48:18.815	11:37	4:50:24.402
125	5	Célia Maria Peralta Pereira	F	BVRIOMAIOR	F50	2	18	1:58:35.508	3:13:03.885	4:50:08.224	11:41	4:52:26.372
126	16	Cristina Lavrador	F	Run&Smile	F55	3	19	2:05:18.799	3:22:15.936	4:55:25.046	11:54	4:58:01.769
127	36	Paulo Pereira	M	Arrastadeiras	SEN M	20	108	1:56:04.096	3:15:45.922	4:55:24.037	11:55	4:58:02.676
128	22	Pedro Gonçalves	M	Run&Smile	M55	10	109	2:00:35.690	3:25:23.247	5:00:46.286	12:07	5:03:24.442
129	65	Gessina Mendes	F	ANJO & MENDES	F50	3	20	2:01:47.169	3:25:59.482	5:07:36.572	12:23	5:10:09.938
130	64	Mário Anjo	M	ANJO & MENDES	M55	11	110	2:01:39.084	3:25:37.769	5:07:27.745	12:23	5:10:11.431
131	132	João Barbosa	M	Falcões Selvagens	M60	9	111	1:52:07.607	3:16:29.102	5:17:02.851	12:46	5:19:33.755
132	35	Francisco Manuel Dos Reis Gomes	M	Arrastadeiras	SEN M	21	112	2:11:14.937	3:38:55.773	5:19:37.642	12:52	5:21:54.498
133	126	Sandra Silva	F		F45	4	21	2:12:38.491	3:41:41.182	5:19:57.824	12:53	5:22:18.464
134	125	Nuno Lopes	M		M50	22	113	2:12:31.335	3:41:43.470	5:19:54.783	12:53	5:22:19.300
135	139	Mariana Soares	F	Correr Loures	F60	1	22	2:17:56.646	3:49:29.277	5:43:16.942	13:50	5:46:01.790
136	138	Joana De Jesus	F	Correr Loures	SEN F	9	23	2:18:53.354	3:49:24.913	5:43:16.658	13:50	5:46:02.840