



Nome da Prova: Campeonatos Nacionais de Marcha
 Organizador: Federação Portuguesa de Atletismo
 Classe: Marcha
 Categoria: Classificação 20km



Pos	Doc	Atleta	S	Equipa	Categoria	Pos Cat	ADA	FPA	Falha	Falha2	1.0 km	2.0 km	3.0 km	4.0 km	5.0 km	6.0 km	7.0 km	8.0 km	9.0 km	10.0 km	11.0 km	12.0 km	13.0 km	14.0 km	15.0 km	16.0 km	17.0 km	18.0 km	19.0 km	Ritmo	Gun Time	Tempo								
1	63	João Vieira	M	SCP	V45 M	1	FPA	0:04:51.696	0:09:39.437	0:14:33.652	0:19:45.385	0:25:04.728	0:30:32.059	0:36:08.344	0:41:50.644	0:47:52.453	0:54:04.939	1:00:29.321	1:06:54.470	1:13:39.351	1:20:28.713	1:27:33.102	1:34:52.484	1:42:16.866	1:49:46.248	1:57:20.630	1:05:08.337	1:12:58.719	1:20:59.101	1:29:04.483	1:37:15.865	1:45:33.247	1:53:57.629	1:02:08.011	1:09:52.401					
2	105	Bruna Marques	F	JV	S23 F	1	ADAL	<	<	<	0:05:08.292	0:10:09.676	0:15:09.467	0:20:11.239	0:25:11.471	0:30:10.727	0:35:11.308	0:40:11.988	0:45:10.888	0:50:08.684	0:55:10.820	1:00:11.177	1:05:11.536	1:10:08.225	1:15:01.145	1:19:59.203	1:24:53.630	1:29:58.314	1:34:53.098	1:39:48.459	1:44:38.352	1:49:27.487	1:54:16.870	1:59:06.302	1:03:52.732	1:11:42.164				
3	240	João Afonso Olim	M	ADRAP	SEN M	1	ADAL	0:05:04.928	0:10:04.625	0:15:03.803	0:20:02.296	0:24:54.710	0:29:51.697	0:34:47.759	0:39:45.815	0:44:43.236	0:49:41.136	0:54:39.956	0:59:39.367	1:04:39.060	1:09:43.029	1:14:48.810	1:19:48.663	1:24:53.634	1:29:58.314	1:34:53.098	1:39:48.459	1:44:38.352	1:49:27.487	1:54:16.870	1:59:06.302	1:03:52.732	1:11:42.164	1:19:32.594	1:27:23.026					
4	31	Área Calestres	F	COP	V35 F	1	FPA	0:05:07.888	0:10:08.764	0:15:10.665	0:20:10.627	0:25:12.693	0:30:11.018	0:35:13.663	0:40:12.069	0:45:10.473	0:50:08.849	0:55:10.764	1:00:10.987	1:05:12.962	1:10:13.276	1:15:11.253	1:20:13.269	1:25:15.299	1:30:13.444	1:35:10.466	1:40:07.599	1:45:05.744	1:50:03.889	1:55:02.034	2:00:00.179	2:05:00.324	2:10:00.469	2:15:00.614	2:20:00.759					
5	52	Vânia Oliveira	F	ND	SEN F	1	ADAL	0:05:07.646	0:10:10.461	0:15:10.371	0:20:12.517	0:25:10.388	0:30:12.669	0:35:13.059	0:40:11.382	0:45:11.283	0:50:09.421	0:55:11.421	1:00:11.767	1:05:12.473	1:10:15.383	1:15:12.288	1:20:13.884	1:25:15.706	1:30:16.761	1:35:16.387	1:40:15.903	1:45:15.320	1:50:14.837	1:55:14.254	2:00:13.671	2:05:13.088	2:10:12.505	2:15:11.922	2:20:11.339	2:25:10.756				
6	26	Manuel Marques	M	AS	V40 M	1	FPA	0:05:02.097	0:10:05.407	0:15:12.825	0:20:21.004	0:25:21.228	0:30:18.804	0:35:21.042	0:40:28.505	0:45:29.790	0:50:40.475	0:55:46.426	1:00:56.163	1:06:06.690	1:11:14.825	1:16:21.154	1:21:45.791	1:27:20.333	1:32:42.401	1:37:37.219	1:42:51.856	1:47:55.719	1:52:59.582	1:57:53.445	2:02:57.308	2:07:51.171	2:12:55.034	2:17:58.897	2:22:52.760	2:27:56.623				
7	33	João Pedro Vieira	M	CPTSC	SEN M	1	ADAL	0:05:09.302	0:10:23.585	0:15:58.067	0:21:24.477	0:26:44.876	0:32:08.061	0:37:17.566	0:42:31.887	0:47:45.809	0:52:55.364	0:58:06.638	1:03:17.589	1:08:25.130	1:13:34.513	1:18:48.493	1:24:15.462	1:29:45.162	1:35:02.540	1:40:31.384	1:45:44.566	1:50:53.975	1:56:03.384	2:01:12.793	2:06:22.202	2:11:31.611	2:16:41.020	2:21:50.429	2:27:00.838	2:32:10.247				
8	66	Ricardo Santos	M	SJA	V45 M	2	FPA	0:05:09.622	0:10:23.200	0:15:32.350	0:20:42.469	0:25:54.480	0:31:04.260	0:36:17.882	0:41:35.982	0:46:49.091	0:52:01.306	0:57:18.175	1:02:32.882	1:07:52.162	1:13:06.086	1:18:30.706	1:24:05.507	1:29:36.720	1:35:06.536	1:40:37.751	1:45:58.146	1:51:18.541	1:56:38.936	2:01:59.331	2:07:19.726	2:12:40.121	2:17:60.516	2:22:80.911	2:27:41.306	2:32:41.701	2:37:42.096			
9	54	Joana Pontes	F	LHML	SEN F	2	ADAL	<	<	<	0:05:36.593	0:11:11.780	0:16:44.523	0:22:18.639	0:27:47.897	0:33:14.817	0:38:42.862	0:44:12.700	0:49:38.248	0:55:02.218	1:00:25.232	1:05:48.469	1:11:12.369	1:16:33.649	1:21:52.327	1:27:15.674	1:32:38.602	1:37:59.376	1:43:18.288	1:48:39.412	1:53:59.536	1:59:19.660	2:04:39.784	2:09:59.908	2:15:19.032	2:20:39.156	2:25:59.280			
10	22	Sandra Silva	F	ADPV	V45 F	1	FPA	0:05:36.512	0:11:12.006	0:16:45.021	0:22:20.586	0:27:51.004	0:33:19.687	0:38:50.710	0:44:18.396	0:49:49.305	0:55:14.970	1:00:54.117	1:06:33.779	1:12:16.399	1:17:58.649	1:23:35.400	1:29:11.613	1:34:43.950	1:40:11.382	1:45:44.745	1:51:18.665	1:56:52.585	2:02:26.505	2:08:00.425	2:13:44.345	2:19:18.265	2:25:02.185	2:30:46.105	2:36:30.025	2:42:13.945	2:48:00.865			
11	23	Pedro Martins	M	ACRSD	V55 M	1	FPA	0:05:37.795	0:11:12.440	0:16:50.154	0:22:27.511	0:28:02.993	0:33:41.751	0:39:19.518	0:44:56.787	0:50:32.097	0:56:07.484	1:01:45.143	1:07:18.414	1:12:59.855	1:18:28.736	1:24:01.991	1:29:37.301	1:35:11.594	1:40:49.759	1:46:22.004	1:51:54.249	1:57:26.494	2:03:00.739	2:08:32.984	2:14:05.229	2:19:37.474	2:25:09.719	2:30:41.964	2:36:14.209	2:41:46.454	2:47:18.699			
12	69	Luis Sousa	M	SJOV	V45 M	3	ADAL	FPA	0:05:29.704	0:11:05.025	0:16:42.470	0:22:23.223	0:28:05.707	0:33:42.520	0:39:24.949	0:45:03.867	0:50:49.478	0:56:18.444	1:01:49.589	1:07:32.668	1:13:14.511	1:18:59.070	1:24:40.485	1:30:23.465	1:36:02.072	1:41:50.114	1:47:38.681	1:53:26.718	1:59:15.245	2:05:03.272	2:10:51.300	2:16:39.328	2:22:27.356	2:28:15.384	2:34:03.412	2:39:51.440	2:45:39.468			
13	43	Fábio Ramalho	M	CRDP	V35 M	1	FPA	0:05:35.308	0:11:11.610	0:16:44.631	0:22:18.823	0:27:52.082	0:33:23.073	0:39:01.484	0:44:44.910	0:50:26.601	0:56:18.017	1:02:13.781	1:08:13.507	1:14:13.423	1:20:16.867	1:26:20.809	1:32:28.916	1:38:38.009	1:44:52.309	1:50:33.399	1:56:15.112	1:56:41.521	1:57:07.930	1:57:34.339	1:57:60.748	1:57:87.157	1:58:13.566	1:58:39.975	1:58:66.384	1:58:92.793	1:59:19.202			
14	27	Luis Bodana	M	CAS	V50 M	1	FPA	0:05:28.146	0:11:02.414	0:16:49.103	0:22:21.089	0:28:16.751	0:34:02.220	0:39:44.203	0:45:25.441	0:51:11.799	0:56:59.889	1:02:15.538	1:08:06.380	1:14:19.378	1:20:01.684	1:26:03.509	1:32:13.749	1:38:26.049	1:44:48.822	1:50:35.661	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649	1:56:49.649		
15	35	Hermenegildo Lopes	M	CRDP	V55 M	2	FPA	0:06:03.817	0:12:05.602	0:18:04.167	0:24:00.580	0:29:57.411	0:35:56.198	0:41:51.491	0:47:44.900	0:53:32.879	0:59:17.317	1:05:02.600	1:10:49.667	1:16:38.302	1:22:26.565	1:28:13.988	1:34:02.667	1:40:19.728	1:46:17.627	1:52:15.728	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	1:58:08.804	
16	29	Helder Ribeiro	M	CFOD	V45 M	4	FPA	0:06:03.432	0:11:56.959	0:17:51.842	0:23:45.980	0:29:39.935	0:35:36.249	0:41:34.428	0:47:27.625	0:53:23.415	0:59:11.779	1:05:10.137	1:11:07.518	1:17:11.441	1:23:14.440	1:29:17.156	1:35:18.980	1:41:26.219	1:47:35.819	1:53:44.214	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	1:59:52.060	
17	16	Aurélio Costa	M	ACA	V50 M	2	FPA	0:06:35.507	0:12:42.420	0:18:49.354	0:24:57.380	0:31:05.236	0:37:12.845	0:43:20.229	0:49:36.354	0:55:45.881	1:01:57.026	1:08:09.974	1:14:16.643	1:20:23.780	1:26:30.407	1:32:39.986	1:38:29.683	1:44:13.812	1:50:01.315	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986	1:55:52.986
18	15	Francisco Mateus	M	ACA	V55 M	3	FPA	0:06:35.330	0:12:42.197	0:18:48.632	0:24:55.363	0:30:56.198	0:36:57.271	0:43:00.468	0:49:05.544	0:54:52.597	1:00:49.935	1:06:51.965	1:12:55.404	1:18:59.263	1:25:08.494	1:31:25.263	1:37:45.041	1:43:58.867	1:50:07.562	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117	1:56:27.117
19	45	Júlia Sousa	F	EAT	V50 F	1	FPA	0:06:10.238	0:12:28.855	0:18:47.270	0:24:56.488	0:31:03.375	0:37:07.134	0:43:10.916	0:49:14.543	0:55:18.038	1:01:21.654	1:07:33.916	1:13:44.643	1:19:56.530	1:26:11.869	1:32:21.349	1:38:28.803	1:44:53.130	1:51:09.712	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005	1:57:18.005
20	40	Elisabete Silva	F	CRDP	V40 F	1	FPA	0:06:11.150	0:12:38.379	0:19:05.518	0:24:54.875	0:31:02.512	0:37:08.163	0:43:10.189	0:49:15.659	0:55:22.315	1:01:33.074	1:07:50.048	1:14:09.619	1:20:29.258	1:26:59.586	1:33:27.170	1:39:52.240	1:46:33.988	1:52:59.811	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165	1:59:25.165
21	42	Vitor Hugo Candias	M	CRDP	V35 M	2	FPA	0:06:26.113	0:13:06.887	0:19:29.713	0:25:48.409	0:32:02.704	0:38:15.110	0:44:31.510	0:50:45.483	0:57:04.168	1:03:22.617																							